

## **Athletic Department**

Kevin Flegner, Associate Principal/Athletic Director

## Oconomowoc High School

641 East Forest Street • Oconomowoc, WI 53066 FlegnerK@oasd.org • P 262.560.3111 • F 262.560.3120

www.oasd.org

To: Athletic Directors, Girls Track Coaches, and Boys Track Coaches of Classic Eight Conference Teams

From: Kevin Flegner, Athletic Director

Date:

Re: Jim Barron Varsity Track & Field Championships

We are pleased to host the Jim Barron Varsity Track & Field Championships involving your teams on Thursday, May 9<sup>th</sup> at Rux Stadium. Coaches meeting for scratches only at 3:15 PM in team room on north end of concession stand building.

## Meet information:

- 1. Entries will be done online via <u>Athletic.net</u> or at <u>tracksidetiming.com</u> by Tuesday, May 7th at 6 PM. Meet can be found by searching "Classic 8 Conf. Championship" on athletic.net. Final entries will be posted by 9 AM Wednesday, May 8<sup>th</sup> on tracksidetiming.com.
- 2. Any changes after 9 AM Wednesday, May 8th must be supported by a letter from athletic director.
- 3. Participants are limited to a maximum of four (4) events. Schools are limited a maximum of three (3) participants per event and one (1) relay team per event. **Maximum total individual entries is 35.**
- 4. Coaches meeting will occur at 3:15PM in the team room on north end of concession stand building. Any athlete that is scratched **and replaced** may not compete in any meet event. Challenges to seed times from one school to another will be heard at the coaches meeting.
- 5. Any changes to individual entries for RELAYS require a NEW RELAY CARD which is to be presented to the Clerk at the start line. Cards will be found at the scorer's table.
- 6. The shot put and discus will be conducted in flights. Each athlete will be given 3 throws in preliminaries.
- 7. The long jump and triple jump will be conducted by the open pit method. Each jumper will be given 3 jumps. The open pit time will be determined on number of athletes in the event. Finals will begin 15 minutes after scheduled close time of open pit.
- 8. Top 9 competitors from the trial flights of shot put, discus, long jump, and triple jump will move on to finals competition. Finals will be conducted in flight format.
- 9. The high jump starting height will be determined by WIAA standards. The bar will move up 2" until 6 competitors are left and then 1" until completion.
- 10. The pole vault opening height will be determined by WIAA standards. The bar will move up 6" until 6 competitors are left and then 3" until completion.
- 11. 15 minute check out period for running events. Athlete must check out with judge. The 15 minutes starts when athlete is called to compete.
- 12. Spikes: 1 / 4" Maximum
- 13. Team areas are outside 4' restraining fence
- 14. All coaches, expect those administering an event are expected to be outside the 4' restraining fence or flagged area (long/triple jump. **Only exception is Pole Vault coaches.**
- 15. Awards Scoring Eight (8) place scoring 10-8-6-5-4-3-2-1
- 16. Medals awarded for paces 1-3

Officials: Dennis Meyer, Tom Emmerich, Jim Steinberg, and Mark Pagach

Clerk of Course: Girls - Pete Neilson. Boys - Bob Schreiber

Games Committee: Jim Steinberg, Bob Schreiber, Tom Emmerich, Mukwonago Boys Coach, Waukesha West Girls Coach

```
Time Schedule
```

```
3:15 PM - Coaches meeting in the team room on north end of the concession stand building
4:00 PM - Field events begin
    Pole Vault – 1 Pit – Girls first to completion, then boys – "5 Alive" Format
    High Jump – 1 Pit – Boys first to completion, then girls – "5 Alive" Format
    Shot Put – Boys first to completion, then Girls
    Discus – Girls first to completion, then Boys
    Girls Long Jump first to completion, then Triple Jump - Pit TBD
    Boys Triple Jump first to completion, then Long Jump - Pit TBD
5:00 PM – Running events begin – Girls first in all events
    1600 Coed Wheelchair
    3200M Relay
    100M Dash Trials
    100M High Hurdles Trials (Girls)
    110M High Hurdles Trials (Boys)
    200M Dash Trials
    -----Break 15 minutes -----
    100M High Hurdles Finals (Girls)
    110M High Hurdles Finals (Boys)
    100M Coed Wheelchair
    100M Dash Finals
    1600M Run
    800M Relay
    400M Coed Wheelchair
    400M Dash
    400M Relay
    300M Low Hurdles (Girls)
    300M Intermediate Hurdles (Boys)
    800M Run
    800M Coed Wheelchair
    200M Dash Finals
    3200M Run
    1600M Relay
Field Event Responsibilities
```

**Event** Boys Girls Pole Vault Mukwonago Mukwonago Cath. Memorial Cath. Memorial High Jump Triple Jump Kettle Moraine Arrowhead Long Jump Waukesha West Waukesha North Shot Put Muskego Kettle Moraine Discus Arrowhead Waukesha South

Schools running an event are to supply (1) an official (2) necessary number of event workers (3) any measuring devices and other equipment as may be needed.